

Stno	Chip	Name	YB	Club	Start
Open Curto (28) 1.8 km 25 m 17 C					
		Vacant		Vacant	10:00:00
		Vacant		Vacant	10:00:00
6663	7198209	Daniela Silva	82	[056] COViseu - Natura	10:00:00
7362		Rubina Brito de Sousa	82	[199] ARCAjuda	10:00:00
7364		Paulo Bruno Pere Andrade	81	[199] ARCAjuda	10:00:00
25405	409926	Sónia Pereira	78	[116] Montepio Geral	10:00:00
90009	8504069	Shamira García	13	[5008] FEDO	10:00:00
90011		Diana Pinto	12	[179] CAR	10:00:00
90023	1010130	Benedita Magalhães	14	[1564] Individual POR	10:00:00
90025		Paulo Freitas	89	[12785] ProfOrienta	10:00:00
90038		Eduarda Ferreira	80	[9501] LOST	10:00:00
90041		André Martins	98	[1564] Individual POR	10:00:00
90044		Ana Luisa Fardilha	80	[1564] Individual POR	10:00:00
90074	4623623	DinisO+SameiroP		[12497] EBB Oeste	10:00:00
90075	2108686	HelderF+MadalenaF		[12497] EBB Oeste	10:00:00
90076	2108676	NicoleA+SílviaM		[12497] EBB Oeste	10:00:00
90077	2108675	MafaldaB+MartaO		[12497] EBB Oeste	10:00:00
90078	2108684	RodrigoF+SérgioF		[12497] EBB Oeste	10:00:00
90083	4623655	RicardoR+TomásG		[12497] EBB Oeste	10:00:00
90084	2108672	PedroC+TomásC		[12497] EBB Oeste	10:00:00
90085	2108688	MafaldaS+MárcioS		[12497] EBB Oeste	10:00:00
90086	2108689	OlindaG+SaraG		[12497] EBB Oeste	10:00:00
90087	2108683	RuiM+SimãoM		[12497] EBB Oeste	10:00:00
90088	2108679	EduardoP+SaraP		[12497] EBB Oeste	10:00:00
90089	2108680	CláudiaM MarianaM		[12497] EBB Oeste	10:00:00
90090	4623654	Clara Costa	15	[12497] EBB Oeste	10:00:00
90091	2108690	Margarida Costa	12	[12497] EBB Oeste	10:00:00
90092	2108671	Lara Veríssimo	13	[12497] EBB Oeste	10:00:00
Open Médio (40) 4.7 km 60 m 21 C					
		Vacant		Vacant	10:00:00
		Vacant		Vacant	10:00:00
6792	1903603	Noémia Mesquita	86	[159] COAAL	10:00:00
7113	1220395	Sílvia Pinto	06	[179] CAR	10:00:00
7386	8117386	Beatriz Coquim	02	[184] Saca Trilhos	10:00:00
7432		Rodrigo Sousa Rodrigues	04	[199] ARCAjuda	10:00:00
7605	7822123	Sofia Assis	93	[056] COViseu - Natura	10:00:00
90010		Simona Pinto	76	[179] CAR	10:00:00
90012	1304190	Fernando Miguel Costa	84	[1564] Individual POR	10:00:00
90013		Pedro Miranda dOrey	81	[1564] Individual POR	10:00:00
90015		Alexandrine Carvalho	81	[9501] LOST	10:00:00
90016		Fatima Miranda	76	[9501] LOST	10:00:00
90019		José Passos	62	[9501] LOST	10:00:00
90021		Pedro Sousa	79	[9501] LOST	10:00:00
90037		Américo Rodrigues	68	[9501] LOST	10:00:00
90039		Luís Ribeiro	99	[1564] Individual POR	10:00:00
90042		InêsC+MiguelS		[1564] Individual POR	10:00:00
90047		Hugo Peixoto	86	[1564] Individual POR	10:00:00
90052		Fernando Rocha	76	[1564] Individual POR	10:00:00
90058		João Costa	82	[9501] LOST	10:00:00
90059	8361984	Natália Azevedo	84	[1564] Individual POR	10:00:00
90068		AlexandreG+AnaD MarianaL+		[14248] MV	10:00:00
90069		Jorge Barbosa	88	[11557] Ori-Primos	10:00:00
90071		Ricardo Figueiredo	09	[1564] Individual POR	10:00:00
90072		Dinis Conceição	10	[1564] Individual POR	10:00:00
90093		André Correia	07	[12376] ESB	10:00:00
90094		Daniel Santos	08	[12376] ESB	10:00:00

Stno	Chip	Name	YB	Club	Start
Open Médio (40)		4.7 km 60 m 21 C	<i>(cont.)</i>		
90095		Diogo Alves	08	[12376] ESB	10:00:00
90096		Gil Martins	08	[12376] ESB	10:00:00
90097		Guilherme Bulhões	08	[12376] ESB	10:00:00
90098		Joana Pires	08	[12376] ESB	10:00:00
90099		João Portela	07	[12376] ESB	10:00:00
90100		Afonso Mendes	07	[12376] ESB	10:00:00
90101		Eduarda Silva	06	[12376] ESB	10:00:00
90102		Paulo Oliveira	08	[12376] ESB	10:00:00
90103		Rafael Alves	08	[12376] ESB	10:00:00
90104		Rodrigo Morais	08	[12376] ESB	10:00:00
90105		Rodrigo Ribeiro	08	[12376] ESB	10:00:00
90106		Sílvia Pereira	07	[12376] ESB	10:00:00
90107		JoãoG+PedroP		[1000] Individual POR Fed	10:00:00
Open Longo (11)		6.8 km 60 m 29 C			
		Vacant		Vacant	10:00:00
7000	1984626	Pedro Teixeira	84	[1000] Individual POR Fed	10:00:00
7613	8330724	Victor Rodrigues	75	[167] NAST	10:00:00
7625	8528936	João Baltazar	83	[167] NAST	10:00:00
24059	1304006	Miguel Sá	71	[116] Montepio Geral	10:00:00
90000		Nelson Labrujó	69	[1564] Individual POR	10:00:00
90024		Veronika Pavlova	88	[1564] Individual POR	10:00:00
90043		Miguel Sousa	78	[1564] Individual POR	10:00:00
90050		Ricardo Costa	89	[1564] Individual POR	10:00:00
90051		Marco Silva	96	[1564] Individual POR	10:00:00
90070		José Ribeiro	89	[1000] Individual POR Fed	10:00:00
Turística (6)		1.8 km 25 m 17 C			
		Vacant		Vacant	10:00:00
90003		Eduarda Rodrigues	77	[1564] Individual POR	10:00:00
90004		José Lameirão	77	[1564] Individual POR	10:00:00
90005		Anita Lameirão	12	[1564] Individual POR	10:00:00
90006		Pedro Lameirão	14	[1564] Individual POR	10:00:00
90007		Tiago Lameirão	18	[1564] Individual POR	10:00:00
Formação (11)		1.8 km 25 m 17 C			
		Vacant		Vacant	10:00:00
6000	8180913	Benedita	13	[007] Ori-Estarreja	10:00:00
7019	400204	Laura Rodrigues	16	[007] Ori-Estarreja	10:00:00
7020	1304119	Alice Rodrigues	13	[007] Ori-Estarreja	10:00:00
7065	8210114	Inês Vinhas	14	[052] GD4C	10:00:00
7405		Maria André	15	[119] OriMarão	10:00:00
7535	1111182	Sofia	14	[184] Saca Trilhos	10:00:00
90060		Rita Azevedo Faria	17	[1564] Individual POR	10:00:00
90061		Laura de Azevedo Fernandes	13	[1564] Individual POR	10:00:00
90063		Emily Faria	13	[6596] EBApulia	10:00:00
90067		Margarida Cruz	13	[6596] EBApulia	10:00:00
Juvenis F (9)		5.5 km 60 m 22 C			
7563	214100	Valeria	11	[184] Saca Trilhos	10:36:00
90065		Mafalda Venda	09	[6596] EBApulia	10:39:00
7561	417006	Catarina Seabra	11	[184] Saca Trilhos	10:42:00
90066		Rita Marques	09	[6596] EBApulia	10:45:00
7400	1811181	Inês André	12	[119] OriMarão	10:48:00

Stno	Chip	Name	YB	Club	Start
Juvenis F (9)		5.5 km 60 m 22 C	<i>(cont.)</i>		
6520	8047313	Clara Lima	10	[070] COC	10:51:00
7376	8117376	Matilde Coquim	11	[184] Saca Trilhos	10:54:00
90062		Carolina Veloso	09	[6596] EBApulia	10:57:00
		Vacant		Vacant	11:00:00
Juniores F (4)		6.8 km 60 m 29 C			
7022	2006623	Margarida Mota	05	[102] .COM	10:01:00
7264	8117264	Matilde Fonseca	08	[184] Saca Trilhos	10:04:00
90064		Inês Cruz	08	[6596] EBApulia	10:07:00
		Vacant		Vacant	10:10:00
Seniores M (19)		9.0 km 75 m 31 C			
6657	7822123	Paulo Assis	86	[056] COViseu - Natura	10:02:00
6527	8210983	Vasco Vinhas	83	[052] GD4C	10:05:00
5796	8423679	Bruno André	81	[119] OriMarão	10:08:00
5925	8100990	Pedro Tiago Gomes	90	[159] COAAL	10:11:00
7032	8183037	Albino Magalhães	83	[167] NAST	10:14:00
7231	8080565	Ivan Mostepanov	03	[052] GD4C	10:17:00
2831	8638127	Daniel Raposo	80	[128] COALA	10:20:00
7579	8531388	Andre Dias	86	[167] NAST	10:23:00
7507	1974131	Diogo Gonçalves	97	[007] Ori-Estarreja	10:26:00
5882	1100612	Rodrigo Abreu	00	[1564] Individual POR	10:29:00
6272	8020417	Ricardo Lopes	89	[056] COViseu - Natura	10:32:00
7506	8524162	Konstantin Baldin	90	[102] .COM	10:35:00
6086	8511201	Rui Silva	01	[088] ADC	10:38:00
5447	8182074	Leonardo Lopes Ramalho	99	[102] .COM	10:41:00
5267	1997601	Filipe Emanuel S Fernandes	97	[1564] Individual POR	10:44:00
90046	8501476	Julio Lagos	98	[6162] ADC ARNELA	10:47:00
4016	8084016	Miguel Nóbrega	89	[056] COViseu - Natura	10:50:00
		Vacant		Vacant	10:53:00
		Vacant		Vacant	10:56:00
Seniores F (14)		7.5 km 70 m 31 C			
6446	8210880	Raquel Ferreira	80	[052] GD4C	10:00:00
5388	8170402	Susana Almeida	93	[056] COViseu - Natura	10:02:00
5506	1420052	Verónica Fradique	97	[052] GD4C	10:04:00
5880	8201029	Alexandra Serra Campos	06	[102] .COM	10:06:00
90008	8655255	Candela Puime	83	[5008] FEDO	10:08:00
90049	8466684	Nuria Oujo	99	[6162] ADC ARNELA	10:10:00
6209	8101003	Rita Fernandes	99	[102] .COM	10:12:00
5138	1998072	Joana Marques	98	[007] Ori-Estarreja	10:14:00
3799	8150778	Tania Covas Costa	78	[102] .COM	10:16:00
6236	8163958	Anabela André	81	[119] OriMarão	10:18:00
6488	8005887	Inês Augusto	02	[102] .COM	10:20:00
7067	407089	Sara Arrotêa	03	[052] GD4C	10:22:00
6013	234205	Patrícia Sousa	98	[1564] Individual POR	10:24:00
		Vacant		Vacant	10:26:00
Veteranos I M (19)		7.5 km 70 m 31 C			
6399	8323720	Fernando Silva	74	[052] GD4C	10:28:00
3711	8071342	Sandro Rodrigues	71	[062] CA Madeira	10:30:00
3913	8003913	Alberto César	70	[052] GD4C	10:32:00
90002	8664991	Francisco José Camba	75	[13999] OURO	10:34:00
4685	1304173	José João Ferreira	74	[119] OriMarão	10:36:00

Stno	Chip	Name	YB	Club	Start
Veteranos I M (19)		7.5 km 70 m 31 C	(cont.)		
3408	8310174	Nuno Pires	74	[007] Ori-Estarreja	10:38:00
3304	2032983	César Conceição	75	[070] COC	10:40:00
90020		Rui Oliveira	70	[9501] LOST	10:42:00
6739	1110272	Hélder Pinto	77	[179] CAR	10:44:00
7251		Juliano Silva	79	[199] ARCAjuda	10:46:00
90022		José Pimenta	73	[9501] LOST	10:48:00
90014	2105328	Jose Saraiva	76	[1564] Individual POR	10:50:00
3729	8061081	Ricardo Oliveira	75	[070] COC	10:52:00
90018		Henrique Santos	70	[9501] LOST	10:54:00
7365	8508181	Paulo Loureiro	80	[167] NAST	10:56:00
90017		Artur Cardoso	70	[9501] LOST	10:58:00
2950	8012950	José Marco	79	[167] NAST	11:00:00
		Vacant		Vacant	11:02:00
		Vacant		Vacant	11:04:00
Veteranos I F (9)		6.8 km 60 m 29 C			
1429	8001429	Rafaela Rua	80	[007] Ori-Estarreja	10:13:00
7543	1201069	Carla Oliveira	80	[070] COC	10:16:00
4587	8050576	Ana Margarida Vaz	76	[007] Ori-Estarreja	10:19:00
3467	1304188	Helena Sousa	67	[119] OriMarão	10:22:00
4375	8303928	Joana Moutela	81	[007] Ori-Estarreja	10:25:00
6406	1429026	Paula Gonçalves	75	[052] GD4C	10:28:00
2022	8202296	Paula Serra Campos	68	[102] .COM	10:31:00
7452	1403863	Ekaterina Stepanchenko	82	[052] GD4C	10:34:00
		Vacant		Vacant	10:37:00
Veteranos II M (9)		6.8 km 60 m 29 C			
7363	8305925	José Maria Fernandes	63	[167] NAST	10:40:00
2999	8308839	António Baptista	69	[107] CAOS	10:43:00
1810	544041	Octávio Andrade	68	[102] .COM	10:46:00
3081	1304095	Alberto Barros	69	[052] GD4C	10:49:00
3850	8239617	Paulo Ferreira	61	[005] CP Armada	10:52:00
1407	8261166	Luís Quinta-Nova	66	[166] ADM Ori-Mondego	10:55:00
1101	8126110	Rui Ferreira	67	[119] OriMarão	10:58:00
6263	8170511	Ricardo Silva	70	[007] Ori-Estarreja	11:01:00
		Vacant		Vacant	11:04:00
Veteranos II F (6)		5.5 km 60 m 22 C			
5209	7000001	EugéniaTavares	62	[007] Ori-Estarreja	10:18:00
4727	240885	Belém Magalhães	66	[052] GD4C	10:21:00
5280	246370	Carmo Silva	67	[007] Ori-Estarreja	10:24:00
6987	8006508	Paula Sousa	69	[166] ADM Ori-Mondego	10:27:00
90001	8074001	Remedios Duran	68	[13999] OURO	10:30:00
		Vacant		Vacant	10:33:00
Veteranos III M (6)		5.5 km 60 m 22 C			
1677	1954428	António Reyes	54	[128] COALA	10:00:00
6669	1420776	Eugénio Grilo	60	[1000] Individual POR Fed	10:03:00
1903	8225426	Armando Santos	52	[128] COALA	10:06:00
1048	2121229	Altino Silva	51	[007] Ori-Estarreja	10:09:00
1182	8047212	Albano João	59	[184] Saca Trilhos	10:12:00
		Vacant		Vacant	10:15:00

Stno	Chip	Name	YB	Club	Start
Veteranos III F (3)		4.7 km 60 m 21 C			
2379	2800393	Hermínia Tavares	53	[056] COViseu - Natura	10:26:00
2410	1304110	Margarida Rocha	55	[052] GD4C	10:31:00
		Vacant		Vacant	10:36:00
Veteranos IV M (5)		4.7 km 60 m 21 C			
2341	9171050	João Rodrigues	50	[056] COViseu - Natura	10:01:00
1441	8222778	Gil Rua	48	[007] Ori-Estarreja	10:06:00
6854	1450759	Dalmino Natividade	50	[1000] Individual POR Fed	10:11:00
1149	1942119	Armandino Cramez	42	[007] Ori-Estarreja	10:16:00
		Vacant		Vacant	10:21:00